

THE CAE

MONTHLY NEWSLETTER

Welcome to our latest newsletter update where you'll be informed on all things that happened at The CAE in the month of May. We have some exciting things to share below.
Enjoy our update!

Yolanda, Operations Manager

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OUR WORK IN THE COMMUNITY

We have provided over **220** one-to-one support through our employment, food bank, transport, and wellbeing activities..

Foodbank

The foodbank service hit the ground running this month making an impact of;

- 48 families and 2 individuals were served.
- 246kg of food. This is equivalent to 589 meals equivalent, and
- 783kg of Carbon dioxide savings.

Community Transport

The project continues to provide pertinent services to those in the community with 16 new participants being added. We provided;

- **146** transport pick-ups
- **6** families vaccinated
- **12** engagements through the wellbeing services.

If you would like to sign up then visit the CT [webpage here](#).

Climate Action

We hosted our first Climate Action educational event "Why should we care" in collaboration with Renew Wales.

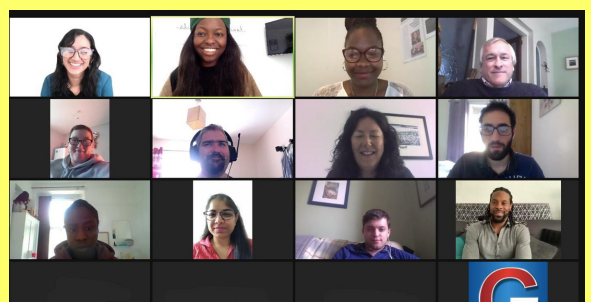
Refugee Women Empowerment (RWE)

This service has delivered 20 one to one services this month.

Individuals received:

- Job coaching
- CV writing and interview preparation.

Two of the participants had their first-ever job interview in the UK! One of them recently received a job offer to start in June! This is what she had to say, ***"I am really grateful to Saskia for all she has done. She unlocked skills in me that I hadn't realised I had. She really encouraged and advised me professionally. I start work soon!" - BK***



This event was an absolute success with 22 individuals in attendance and 100% of them actively pledging to take action in their lives. One of the attendees had this to say, *"Thank you for hosting this event. It was really good to hear different points of view on how to be more socially responsible. I am ready to take action."*
- PM

Catering Project

There are 30 live job openings available vacancies in and around Swansea. Visit the webpage here for catering opportunities.

LOCAL EVENTS/OPPORTUNITIES

Improving Access to Higher Education and employment for forced immigrants

- We invite you to attend this event where Saskia of The CAE will be interviewing refugee entrepreneurs.
Click [here](#) to register.

Climate Action

- Virtual visit to the "Recycling and Environment center"
Wednesday, 23 June 1300 - 1400
Follow us on [Twitter](#), [Facebook](#) and [Instagram](#) for more info on the event.

Tri-Activity

- Social training doing activities such as running, cycling and swimming.
Every Wednesday 4 - 7 PM
Email colin@caentr.org to sign up.



WE ARE GROWING

This month we welcomed Alfio who is a Project Administrator on the RWE project and an HR assistant. He has already been an invaluable addition to the team.

VOLUNTEER WITH US

We have exciting news! We have partnered with Tempo Time credits to provide incentives for our volunteers!

Click [here](#) to apply and join our family in serving the community

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